

On Sunday, October 29, 2006, 500 bicyclists started out on a 5-day 450-km ride from Yerushala'im to Eilat to raise funds for the Alyn Hospital, a long-term rehabilitation hospital for children and adolescents. Harv and I are getting a cold and wet (but very lovely!) send-off from Philip, Eleora, and Heddi. One of the Alyn kids sang a stirring "Yerushala'im shel Zahav" and "Hatikvah" for us!

Harv is a 3-time participant from Seattle who helped me join the ride. It's pouring. Let's go already!







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View from Mt. Scopus (Hebrew Univ)  
towards the Old City.





Winding down to the Dead Sea (in the rain)







Warmed up already with Lee and David, fellow riders from Ra'anana.



17 מצדה  
230 אילת





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The first tough climb, almost back up to sea level!













Tuesday, Day 3:  
Leaving Avdat ...

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..... Arriving at Mitzpe Ramon.





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Wednesday, Day 4: Dawn at Makhtesh Ramon.









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Bicycling across the makhtesh (crater): easy beginnings ...





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... tough end: headwinds and sandstorms most of the day!





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Thursday, Day 5: Yet another tough ascent, but getting closer!









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Kinor David riders Yaron, David, and Mark.





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The tribe of bicyclists wandering up the last big hill.









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We came from all over the world to help the Alyn kids.





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Friday: Dawn in the Red Sea.